

Claims

- [c1] A system configured to facilitate dampening the impact from use of a support device, said system including:
 - a fixed tube assembly having a fixed stop at a first end;
 - a slide tube assembly having a plug at a first end;
 - said first end of said fixed tube assembly slidably engaging with said first end of said slide tube assembly;
 - and,
 - a gel shock located between said fixed stop and said plug.
- [c2] The system of claim 1, wherein said fixed stop is at least one of pressure fitted and riveted into said first end of said fixed tube assembly.
- [c3] The system of claim 1, further comprising a spring pin attached to said slide tube assembly.
- [c4] The system of claim 1, further comprising a slot in said fixed tube assembly.
- [c5] The system of claim 1, further comprising a spring pin attached to said slide tube and a slot in said fixed tube assembly, wherein said spring pin and slot interact to secure said slide tube assembly and said fixed tube as-

sembly together while allowing said fixed tube assembly and said slide tube assembly to slidably engage.

[c6] The system of claim 1, wherein said slide tube assembly is slidably engaged into said fixed tube assembly.